

Yoga MASSAGE

Body work beauty

◦ In the abundance of presence ◦

DROP IN YOGA CLASS 90 min / € 20

Must be booked a day in advance.

Tuesdays 8.30 - 10.00

Thursdays 13.00 - 14.30

INDIVIDUAL YOGA CLASS 60 min / € 60

Individual yoga classes include lots of breath work, tension relief, meditation and asanas that are the best fit for your body and mind.

BACK MASSAGE 30 min / € 45

A very efficient relaxation for the whole muscular system of your back. Because sometimes you just need exactly that: someone to get your back.

FACE MASSAGE 30 min / € 45

A great way to bring glow and liveliness back to your face. A combination of acupressure and lymph drainage, using Luxurious organic Anti-age serum.

REFLEXOLOGY 50 min / € 50

Stimulating the feet works mostly on internal organs. It is especially important to support the body with reflexology and stimulate the liver, bile, spleen, digestive system, kidneys, bladder and stomach, when detoxing. Massaging these zones brings harmony into internal organs and relieves blockages.

ANTI STRESS MASSAGE 45 min / € 60

Focused on head, neck and shoulders with use of aromatherapy oils to soothe your mind and body. Perfect chillout session.

ZEN MASSAGE 60 min / € 70

A blend of asian massage techniques with use of organic coconut oil. Whole body treatment. Deep tissue massage perfect for releasing persistent tensions.

YUMEIHO 90 min / € 100

Japanese manual treatment works on the muscular skeletal system of the body. It is a very invigorating deep manual therapy that regenerates the body and restores the equilibrium in the pelvic, lower-back area with readjusting the hipbone. It is performed over clothing. The studio provides comfortable cotton clothing for you.

TUI-NA 90 min / € 100

Tui-na is considered the queen of massage techniques, because it relieves the skin, muscular, skeletal and nervous systems. It stimulates the energy system, because it involves all meridians, our energy channels. By stimulating certain pressure points we can restore equilibrium and alleviate the effects of stress.

SIGNATURE LUXURY MASSAGE

120 min / € 130

Best massage treatment in town. Highly recommended! Mastery of intuition, energy work, body flow and deep touch on all levels.

ROYAL FOUR HANDED MASSAGE

90 min / € 185

Need we say more?

Must be booked a day in advance.

Book your session at the hotel reception.

We are at your service by appointment only.

